Think about a young person in your life…

What **hopes** do you have for them **10 years from now**?
Social & Emotional Learning

TO ME...
Essential for children’s learning and development
CORE SEL COMPETENCY

SELF-AWARENESS

Understanding our emotions and thoughts, and how they influence our actions.

Examples:

- A healthy sense of identity
- Self-reflection
- Understanding thoughts and feelings
- Self-respect
- A sense of purpose
SELF-MANAGEMENT

Managing one’s emotions, thoughts, and behaviors in different situations to achieve goals and aspirations.

Examples:

- Belief that my voice and choices matter
- Overcoming challenges
- Agency: “I’m willing and able to make a difference”
- Managing feelings
- Staying motivated
SOCIAL AWARENESS

Understanding the perspectives of and empathize with others, including those from diverse backgrounds.

Examples:

- A sense of belonging and trust in others
- Feeling accepted and included
- Understanding others’ perspectives
- Showing empathy and compassion for others
- Recognizing why people act the way they do
- Knowing what others expect from us
RELATIONSHIP SKILLS

Establishing and maintaining healthy, supportive relationships and effectively navigating settings with diverse groups.

Examples:

- Collaborative problem-solving
- Communication, including listening
- Healthy, supportive relationships
- Asking for and offering help
- Standing up for others
- Cooperation
RESPONSIBLE DECISION-MAKING

Making caring and constructive choices about personal behavior and social interactions across diverse situations.

Examples:

- Curiosity: Seeking new knowledge and understanding
- Open-minded investigation
- Critical thinking
- Considering the well-being of others and self
- Understanding impact and consequences
Hundreds of independent studies confirm: SEL has a positive impact on students.

- Academics Skills
- Mental Health
- School Climate
- Development
81% of Republicans whose child’s school provides social and emotional learning say educators should do more or are doing the proper amount of SEL instruction.

79% of Democrats whose child’s school provides social and emotional learning say educators should do more or are doing the proper amount of SEL instruction.

Benenson Strategy Group, 2022
Federal Policy
Investing in Students’ Social and Emotional Development

The Every Student Succeeds Act allows states and districts to use federal funds on evidence-based programs that promote students’ social and emotional learning.

The FY23 Omnibus provided $3.4 billion for the bipartisan SEL and Whole Child K-12 Education Initiative.

The FY23 Omnibus provided $1.38B for Title IV-A, Student Support and Academic Enrichment Grants Program.

President Biden’s FY24 Budget includes $405M for EIR grants.

The American Rescue Plan Act and Bipartisan Safer Communities Act provided funding that can support students’ social and emotional development.